



Christian-Albrechts-Universität zu Kiel

Institut für Psychologie



In Kooperation mit dem
LSVD Landesverband Schleswig-Holstein e.V.
im Rahmen des Aktionsplans
gegen Homophobie des Landes Schleswig-Holstein



Institutskolloquium

Dienstag, den 17. Juni 2014, 18-20 Uhr c.t.
IPN-Hörsaal, Olshausenstr. 62

Minority Stress and Mental Health among Same-Sex Couples

Prof. Dr. Allen J. LeBlanc

Health Equity Institute, San Francisco State University (USA)

Stress research typically focuses on individual experience, and not on shared experience. We study the relational context of stress, focusing on experiences of sexual minority stress among same-sex couples in the U.S. Couples in Atlanta and San Francisco (N = 120) participated in dyadic interviews using a relationship timeline methodology to elicit narratives of *shared stress* associated with significant events or experiences in their time together. Narratives demonstrate that same-sex couples experience unique forms of couple-level minority stress that occurs above and beyond the individual-level minority stress experiences of either partner. We describe these previously unaccounted for couple-level minority stressors; highlight the utility of qualitative methods for examining the relational context of stress; and illustrate how this research extends minority stress theory.

Alle interessierten Mitarbeiter, Studierenden und Gäste sind herzlich willkommen!
